

Referral Tips for Inpatient Rehabilitation



For more than 20 years, Peterson Acute Rehabilitation Unit (ARU) has been a leader in rehabilitation medicine. Peterson's 26-bed ARU is located on the third floor of Peterson Regional Medical Center – a full service hospital with ICU and hospitalist/intensivist coverage. Our beautiful facility is located in Kerrville, the heart of the Texas Hill Country. All patient rooms are private, and parking is easily accessible and free.

We treat diagnoses such as:

- Stroke
- Brain injury
- Neurological Disorders
- Spinal Cord Injury or Dysfunction
- Heart Conditions
- Hip Fractures and Other Orthopedic Injuries
- Other diagnoses requiring intense rehab within a hospital setting with physician oversight



We are CARF Accredited. Commission on Accreditation of Rehabilitation Facilities is an independent, nonprofit organization that reviews and grants accreditation nationally. Our rehab programs and services meet rigorous standards, assuring the highest quality.

Inpatient programs receiving full accreditation at Peterson:

- Comprehensive Inpatient Rehabilitation Program
- Stroke Specialty Program



Admission Criteria

- Require intensive therapy in two or more disciplines (Physical, Occupational, Speech Therapy)
- Have sufficient mental alertness, motivation, and stamina to participate in the rehabilitation program (at least 3 or more hours of therapy per day, 5 days a week)
- Have a condition that can be improved by intensive rehabilitation
- Be able to demonstrate significant functional improvement in a reasonable amount of time
- Be medically stable
- Require the oversight of a medical physician to manage medical conditions
- If you are unsure if the patient meets admission criteria, we will be happy to complete a pre-admission screen

What can be accommodated at Peterson ARU?

ACCOMMODATIONS	YES	NO
IV Antibiotics and Medication	X	
Cardiac Telemetry on Rehab Unit	X	
Peritoneal Dialysis*	X	
Telesitter	X	
Lab Draws and Blood Transfusions	X	
Imaging (CT, MRI, X-ray, etc.)	X	
Tracheostomies	X	
Feeding Tubes	X	
High Flow Oxygen*	X	
IV Nutrition*	X	
Specialized Wound Care	X	
Bariatric Rehab	X	
Dietary/Nutritional Care	X	
Complex Neuro/Multiple Trauma	X	
Hemodialysis		X
Drips: Heparin, etc.		X

* May require additional review by Medical Director.

To make a referral, schedule a facility tour, or for more information about the rehabilitation program or admissions process, **please call 830.258.7496.**

Outpatient Rehabilitation Locations

**Peterson Outpatient Rehab
at Ambulatory Care Center**
260 Cully Drive
Kerrville, TX
830.258.7383

**Peterson Outpatient Rehab
at Comfort**
203 US Hwy 87, Suite 206
Comfort, TX
830.258.7713

**Peterson Outpatient Rehab
at The Center for Fitness**
1407 Water Street
Kerrville, TX
830.258.7383