



# PETERSTON

## Women's Associates

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Today's Date: \_\_\_\_\_

What would you like to address in today's visit? \_\_\_\_\_

DO YOU HAVE A PCP (Primary Care Physician)? NO YES \_\_\_\_\_

The health history questionnaire you are about to fill out is important. It gives us information about your health, which will enable us to spend time discussing your medical condition. It will become part of your medical record and will remain confidential.

### SOCIAL HISTORY:

Do you currently smoke cigarettes? No, never Yes Date started: \_\_\_\_\_

Amt/PPD: \_\_\_\_\_ Quit Stop Date: \_\_\_\_\_

Do you drink alcohol and if so, how often? No, never Yes How often: \_\_\_\_\_

Have you ever used IV drugs? No, never Yes Past Stop Date: \_\_\_\_\_ Current

Do you have a history of drug abuse? No, never Yes Past Stop Date: \_\_\_\_\_ Current

Have you ever been physically abused? No, never Yes Past Current

### EXERCISE & DIET:

Do you exercise and if so, how often? Regularly Occasionally Rarely Never

Do you drink caffeine and if so, how often? Regularly Occasionally Rarely Never

### SEXUAL HISTORY:

Have you ever been sexually active? No Yes If yes, are you currently? No Yes

Do you or your partner have more than one partner? No Yes

Are your partner(s) Male Female Both

Do you have concerns about sexually transmitted infections? No Yes Unsure

Would you like to be tested for sexually transmitted infections? No Yes Unsure

Have you had a sexually transmitted infection? No Yes

If yes, which one(s)? Chlamydia Genital Herpes Gonorrhea Genital Warts Syphilis HIV/AIDs

Were you treated? No Yes Unsure What year was it? \_\_\_\_\_

Do you have any concerns about sex? No Yes Unsure

What method of birth control, if any, are you using? \_\_\_\_\_

### SCREENING TEST: Have you had any of the following tests?

Blood Test: No Yes Date: \_\_\_\_\_

Colonoscopy: No Yes Date: \_\_\_\_\_

Bone Density (Dexa Screening): No Yes Date: \_\_\_\_\_ and Facility: \_\_\_\_\_

**MENSTRUAL HISTORY:**

At what age did you have your first period: \_\_\_\_\_  
Are your menstrual periods: Regular Irregular  
How many days is your period? \_\_\_\_\_ Is your flow: Light Moderate Heavy  
How many days are between your periods? \_\_\_\_\_  
Do you have spotting or bleeding between periods? No Yes  
Do you have menstrual pain/cramping? No Mild Moderate Severe  
What medications do you take for this? \_\_\_\_\_  
What was the first day of your last period? \_\_\_\_\_

**IF POST-MENOPAUSAL:**

At what age did your periods stop? \_\_\_\_\_  
Are you experiencing any vaginal bleeding? No Yes  
Do you use hormones? No Yes If yes: **Systemic** Current Past **Vaginal** Current Past

**GYNECOLOGIC HISTORY:**

Have you ever had a pap smear? No Yes Date: \_\_\_\_\_ Results: Normal Abnormal  
Have you had treatment for abnormal pap smears? No Yes Unsure  
What type(s) of treatment have you had? LEEP Colposcopy Cone Biopsy Cryotherapy  
Have you had a mammogram: No Yes Date: \_\_\_\_\_ Was it abnormal? No Yes  
Have you had any of the following:  
Ovarian Cyst Fibroids Infertility  
Polycystic ovaries Endometriosis Abnormal uterine structure

**PREGNANCY HISTORY:** (all pregnancies including abortions & ectopic)

Have you ever been pregnant? No Yes Number of pregnancies: \_\_\_\_\_  
Number of children: \_\_\_\_\_ Number of abortions: \_\_\_\_\_ Number of miscarriages: \_\_\_\_\_

Date of Delivery	Male Female	Weeks Gestation	Birth Weight	Anesthesia (epidural/IV)	Delivery (vaginal /c-sec)	Complications During pregnancy	Place of delivery

Under complications please be specific: Premature Labor, Still Born, Birth Defects, High Blood Pressure, Kidney Infection, Diabetes.

**MEDICAL HISTORY:**

Do you have any major medical problems? No yes: \_\_\_\_\_

**Please indicate which family member or self has a history of:**

**Self M-Mother F-Father S-Sister B-Brother**

**MGM-Maternal Grandmother MGF-Maternal Grandfather PGM-Paternal Grandmother**

**PGF-Paternal Grandfather**

	Self	M	F	S	B	MGM	MGF	PGM	PGF
Anemia	Self	M	F	S	B	MGM	MGF	PGM	PGF
Anesthetic complications	Self	M	F	S	B	MGM	MGF	PGM	PGF
Arthritis or Lupus	Self	M	F	S	B	MGM	MGF	PGM	PGF
Blood Clotting Disorder (Phlebitis)	Self	M	F	S	B	MGM	MGF	PGM	PGF
Depression or Psychiatric Disorders	Self	M	F	S	B	MGM	MGF	PGM	PGF
Diabetes	Self	M	F	S	B	MGM	MGF	PGM	PGF
Drug addiction	Self	M	F	S	B	MGM	MGF	PGM	PGF
Frequent infections	Self	M	F	S	B	MGM	MGF	PGM	PGF
Gallbladder disease	Self	M	F	S	B	MGM	MGF	PGM	PGF
Heart attack or angina	Self	M	F	S	B	MGM	MGF	PGM	PGF
Heart disease	Self	M	F	S	B	MGM	MGF	PGM	PGF
Hepatitis/jaundice	Self	M	F	S	B	MGM	MGF	PGM	PGF
High blood pressure	Self	M	F	S	B	MGM	MGF	PGM	PGF
High cholesterol	Self	M	F	S	B	MGM	MGF	PGM	PGF
History of Blood transfusion	Self	M	F	S	B	MGM	MGF	PGM	PGF
Kidney stones or disease	Self	M	F	S	B	MGM	MGF	PGM	PGF
Migraine Headaches	Self	M	F	S	B	MGM	MGF	PGM	PGF
Neurological disorders	Self	M	F	S	B	MGM	MGF	PGM	PGF
Osteoporosis	Self	M	F	S	B	MGM	MGF	PGM	PGF
Pulmonary embolus	Self	M	F	S	B	MGM	MGF	PGM	PGF
Seizures	Self	M	F	S	B	MGM	MGF	PGM	PGF
Sickle cell trait	Self	M	F	S	B	MGM	MGF	PGM	PGF
Stomach or Bowel Disorders	Self	M	F	S	B	MGM	MGF	PGM	PGF
Stroke	Self	M	F	S	B	MGM	MGF	PGM	PGF
Thyroid disease	Self	M	F	S	B	MGM	MGF	PGM	PGF
Ulcers	Self	M	F	S	B	MGM	MGF	PGM	PGF

Cancer: Colorectal, Endometrial, Gastric, Ovarian, Pancreatic, Ureter, Renal Pelvis, Biliary Tract, Brain, Small Intestine, Sebaceous Gland Adenomas

For Cancer please circle and indicate which family member.

If there is any diagnosis that is not listed please list here: \_\_\_\_\_

**ALLERGIES:**

Please note any allergies or reactions to medications or other agents. **None**

Medication: \_\_\_\_\_ Reaction: \_\_\_\_\_

Medication: \_\_\_\_\_ Reaction: \_\_\_\_\_

**SURGICAL HISTORY:** (Please list type and year)

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**CURRENT PRESCRIPTION MEDICATIONS:**

Please list PRESCRIPTION medications you currently take including DOSAGE AND INSTRUCTIONS.

**None**

Med/Dose/Instructions:

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Med/Dose/Instructions:

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Med/Dose/Instructions:

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Please list any non-prescription medications, supplements and/or herbal remedies you take:

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**REVIEW OF SYSTEMS:**

Are you currently having problems with:

Fatigue	Heat or cold intolerance	Involuntary loss of urine
Weight loss	Excess hair growth	Abnormal vaginal discharge
Weight gain	Excessive hair loss	Varicose veins
Easy bruising	Skin moles	Breast pain
Enlarged glands or lumps	Abdominal pain	Breast discharge
Hot flashes	Painful urination	Breast lump

**Please list any additional information you would like us to know:**

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